Eat Cafe Salads Beef, Miso & Tahini, with dressing (per serving) 11.5

Eat Cafe Salads Beetroot, Squash & Feta, with dressing (per serving) 7

Eat Cafe Salads Houmous & Falafel Mezze, with dressing (per serving) 14

Eat Cafe Salads Houmous & Falafel Mezze, without dressing (per serving) 9

Eat Cafe Salads Beef, Miso & Tahini, without dressing (per serving) 6.5

Eat Cafe Salads Beetroot, Squash & Feta, without dressing (per serving) 4

Eat Cafe Salads Jerk Chicken, without dressing (per serving) 5.5

Eat Cafe Salads Tuna Nicoise, without dressing (per serving) 2

Eat Cafe Salads Super Nutty Fit Box (per serving) 7.5

Eat Cafe Salads Jerk Chicken, with dressing (per serving) 6.5

Eat Cafe Salads Eats Chicken Salad (per serving) 12

Eat Cafe Salads Spicy Chicken Noodle (per serving) 7.5

Eat Cafe Salads Spicy Crayfish Noodle (per serving) 5.5

Eat Cafe Snacks, Oat & Fruit Slice (each) 13

Eat Cafe Snacks, Belgian Chocolate Brownie (each) 14.5

Eat Cafe Snacks, Chocolate Caramel Crispie (each) 13.5

Eat Cafe Baguettes Half Roast Chicken & Herb Rustic (per pack) 15.5

Eat Cafe Baguettes Ham, Brie & Chilli Jam (per pack) 29.5

Eat Cafe Baguettes Tuna & Cucumber (per pack) 29

Eat Cafe Baguettes Ham & Emmental (per pack) 28.5

Eat Cafe Baguettes Chicken Caesar (per pack) 27.5

Eat Cafe Baguettes Chicken, Avocado & Bacon (per pack) 27.5

Eat Cafe Baguettes Brie, Tomato & Basil (per pack) 22.5

Eat Cafe Wraps Moroccan Falafel (per pack) 24.5

Eat Cafe Wraps Hoisin Duck (per pack) 21

Eat Cafe Wraps Chicken Salad (per pack) 24.5

Eat Cafe Wraps Beetroot & Feta (per pack) 20

Eat Cafe Wraps Chicken Fajita (per pack) 21.5

Eat Cafe Wraps Vegan Houmous (per pack) 19

Eat Cafe Puddings Carrot Cake (per serving) 17

Eat Cafe Puddings Coffee Cake (per serving) 18.5

Eat Cafe Puddings Lemon Drizzle Cake (per serving) 27.5

Eat Cafe Puddings Red Velvet Cake (per serving) 13

Eat Cafe Puddings Watermelon & Thyme Cake (per serving) 10.5

Eat Cafe Puddings Oat & Fruit Cookie (each) 16.5

Eat Cafe Puddings Fresh Rainbow Fruit Salad (per pack) FREE

Eat Cafe Puddings Banana Bread (per serving) 17.5

Eat Cafe Puddings Fresh Grapes (per bag) FREE

Eat Cafe Puddings Lemon Cheesecake (per serving) 14

Eat Cafe Puddings Triple Chocolate Cookie (each) 19.5

Eat Cafe Puddings Bakewell Slice (per serving) 18

Eat Cafe Puddings Matcha Chia Pot (1 pot) 9

Eat Cafe Puddings Avo-Choc Shot (1 pot) 10

Eat Cafe Puddings Fresh Mango & Lime (per pack) FREE

Eat Cafe Puddings Handmade Scottish Fudge (per serving) 9.5

Eat Cafe Puddings Millionares Shortbread (each) 13.5

Eat Cafe Sandwiches Smoked Scottish Salmon & Soft Cheese (per pack) 18.5

Eat Cafe Sandwiches Ham, Cheese & Dijon Mustard Ciabatta (per pack) 27.5

Eat Cafe Sandwiches British Beef & English Mustard Grill (per pack) 25.5

Eat Cafe Sandwiches Smoked Chicken, Tomato & Pesto (per pack) 22.5

Eat Cafe Sandwiches Ham & Free Range Egg (per pack) 28.5

Eat Cafe Sandwiches Smoked Chicken & Basil Ciabatta (per pack) 23

Eat Cafe Sandwiches Roast Chicken, Pork & Sage & Onion Stuffing (per pack) 28.5

Eat Cafe Sandwiches Beef & Horseradish (per pack) 20

Eat Cafe Sandwiches Chicken & Bacon (per pack) 27

Eat Cafe Sandwiches Chicken & Chorizo (per pack) 18.5

Eat Cafe Sandwiches Cheese Ploughmans (per pack) 35

Eat Cafe Sandwiches Cheese & Tomato (per pack) 19.5

Eat Cafe Sandwiches Turkey & Slaw (per pack) 16.5

Eat Cafe Sandwiches Eats Morning Melt (per pack) 23

Eat Cafe Sandwiches Roast Chicken Salad (per pack) 16.5

Eat Cafe Sandwiches New York Pastrami (per pack) 26

Eat Cafe Sandwiches Ham, Cheese & Pickle (per pack) 18.5

Eat Cafe Sandwiches Tuna Mayonnaise & Cucumber (per pack) 18

Eat Cafe Sandwiches Firecracker Chicken Flatbread (per pack) 22

Eat Cafe Sandwiches Tuna & Cheddar Melt (per pack) 32.5

Eat Cafe Sandwiches BLT (per pack) 24